

10 Secrets of a Fascinating Woman

The Making of the Happy Home you've always
Dreamt Of

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THE MAKING OF A HAPPY HOME YOU'VE ALWAYS DREAMT OF

Draw your Man by your Diligent Character

It's what you do daily that becomes a Habit, your habits form a Character (which is the way by which you conduct yourself) and your character determines your lifestyle.

Foreword

Having searched and found, I hereby bring to you these points with simple components by which once applied, have caused many families and relationships to Stand and thus Create the Family lifestyle of their Dreams.

A Lifestyle of Fulfillment, Happiness and Progress.

Read through and Apply yourself to them and I promise, your life will change for the better.

Introduction

To a Man, God has given the power to Build a House but to a Woman or Wife, He has reserved the power or ability to Make/Build a Home

The Strength and Livelihood of a Family is entirely dependent on our Mothers, Wives, Sisters or Women in general

Protection and Providence is by the Male but Productivity in all aspects is within the Female's ability and potential

Having realized it, I thus recognize and release this truth to you today.

Our dear females hold the keys to total happiness in our earthly lives.

So I compile these Instructions and dedicate them so as to re strengthen or reawaken these God given potentials given literally for the entire social wellbeing. Welcome ...

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Proverbs 12:4a,

⁴ *A wife of noble character is her husband's crown,*

Proverbs 14:1

¹ *The wise woman builds her house, but with her own hands the foolish one tears hers down.*

Proverbs 31:10-31

¹⁰ *A wife of noble character who can find? She is worth far more than rubies.*

¹¹ *Her husband has full confidence in her and lacks nothing of value.*

¹² *She brings him good, not harm, all the days of her life.*

¹³ *She selects wool and flax and works with eager hands.*

¹⁴ *She is like the merchant ships, bringing her food from afar.*

¹⁵ *She gets up while it is still dark; she provides food for her family and portions for her servant girls.*

¹⁶ *She considers a field and buys it; out of her earnings she plants a vineyard.*

¹⁷ *She sets about her work vigorously; her arms are strong for her tasks.*

¹⁸ *She sees that her trading is profitable, and her lamp does not go out at night.*

¹⁹ *In her hand she holds the distaff and grasps the spindle with her fingers.*

²⁰ *She opens her arms to the poor and extends her hands to the needy.*

²¹ *When it snows, she has no fear for her household; for all of them are clothed in scarlet.*

²² *She makes coverings for her bed; she is clothed in fine linen and purple.*

²³ *Her husband is respected at the city gate, where he takes his seat among the elders of the land.*

²⁴ *She makes linen garments and sells them, and supplies the merchants with sashes.*

²⁵ *She is clothed with strength and dignity; she can laugh at the days to come.*

²⁶ *She speaks with wisdom, and faithful instruction is on her tongue.*

²⁷ *She watches over the affairs of her household and does not eat the bread of idleness.*

²⁸ *Her children arise and call her blessed; her husband also, and he praises her:*

²⁹ *"Many women do noble things, but you surpass them all."*

³⁰ *Charm is deceptive, and beauty is fleeting; but a woman who fears the LORD is to be praised.*

³¹ *Give her the reward she has earned, and let her works bring her praise at the city gate*

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SECRET NUMBER ONE

**Accept him as he is.
Look to his good side.**

- ❖ Don't try to change him.
- ❖ Forgive him for past hurts.
- ❖ Allow him his freedom.
- ❖ Compile a list of his masculine virtues.
- ❖ Humbly apologize to him for your past mistakes.

ASSIGNMENTS – SECRET NUMBER ONE

Assignment One

- Make a list of all your husband's masculine virtues. Read them every morning and night. Continue this until you have committed them to memory.

Assignment Two

- Forgive him in your heart for all the times he has hurt you in the past. Ask God to help you if necessary.

Assignment Three

- Then say the following to your husband, touching him as you do so:

“I'm glad you're the kind of man you are. I haven't always appreciated you in the past, and I've made some silly mistakes. I'm sorry, and I'm glad you haven't let me push you around. I'm glad you're the way you are. From now on I'm going to try to be a wonderful wife for you.”

(You can rephrase this statement with words that are more natural to you if you prefer. But do not lessen its impact.)

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SECRET NUMBER TWO

**Admire his masculine qualities.
Never wound his sensitive pride.**

- ❖ A man's greatest need is to be admired for his masculine qualities.
- ❖ His deepest misery is to be belittled by a woman.

ASSIGNMENTS – SECRET NUMBER TWO

Assignment One

- Praise one of your husband's masculine qualities before he goes to sleep tonight. Watch for his smile.

Assignment Two

- By asking questions that require long, thoughtful answers, and giving admiration, try and have your husband talk to you about a past achievement, or a future dream, for at least five minutes.

(Be openly attentive and strictly avoid interrupting him with your own thoughts as he speaks.)

Assignment Three

- Every second day, sincerely tell your husband how much you admire him for one of his virtues that you listed as part of last week's assignment.
- Touch him and smile as you do so. Continue doing this until you have praised him sincerely for all the virtues you have listed.

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SECRET NUMBER THREE

**Make him Number One in your life.
Comfort him tenderly when he is tired or discouraged.**

- ❖ Appreciate the heavy responsibility a man carries.
- ❖ Use the great power of sympathy.
- ❖ Comfort him lovingly when he comes home weary.
- ❖ Do not raise problems until after he has eaten.

ASSIGNMENTS – SECRET NUMBER THREE

Assignment One

- At least twice during the week, greet your husband when he comes home, with a smile and looking your feminine best.
- Have your home quiet and organized.
- Make him comfortable. Listen to him if he wants to talk.
- Don't speak about your day or your concerns until after he has eaten.

Assignment Two

- In your own words say to him. "I'm beginning to realise the great responsibility you have, to provide for me (and the children). I do appreciate it. It must be a big load to carry."

Assignment Three

- Say to your husband, "I want you to know that you're the most important person in my life, and always will be."

(You must really mean this and never give him a reason to doubt it in the future.)

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SECRET NUMBER FOUR

Your husband's God-given role is to lead you and provide for you.

Allow him to do it.

- ❖ Your role is to be his companion, a mother and a homemaker.
- ❖ Let him know your views, but support his final decision 100%.
- ❖ Let him worry about the finances.

ASSIGNMENTS - SECRET NUMBER FOUR

Assignment One

- Draw up a 'Certificate of Leadership' made from cardboard, or make some other symbol of leadership that will last a life time, and present it (as an entire family if possible) to your husband.
- Tell him (and really mean it) that from now on, you will all follow his leadership 100%.

Assignment Two

- If you are managing the finances, or any other masculine role, say to your husband, in your own words. "I don't want this responsibility any longer. It's a burden for me. You're a man. It's much easier for you."

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SECRET NUMBER FIVE

Men deeply admire inner serenity and goodness in their wives.

- ❖ Your husband wants you to be a better person than himself.
- ❖ Goodness and inner serenity are required in a woman for a man to love her deeply.
- ❖ Inner serenity develops in a woman when she becomes free of pride and self-righteousness, always does and says the right thing, is free of guilt, and has a forgiving heart.

ASSIGNMENTS - SECRET NUMBER FIVE

Assignment One

Stage No.1 - Forgiveness

- Become totally relaxed.
- Divide a sheet of paper into two columns.
- At the top of the left column write your own name.
- At the top of the right column write the name of the first person listed below (ie, your father).
- Then under your name, in the left column write, *“I now forgive (father’s name) for all the hurt he/she has caused me.”*
- In the right-hand column opposite, write the first negative thought or memory that arises. Keep writing out the forgiveness message, and opposite any other negative thoughts or memories, until no more arise and you can smile and feel love inside you for the person concerned. Pray for help if forgiveness is difficult.
- Start with your father, then your mother, then your immediate family members and then any of the other persons listed below who may have hurt you in any way.

Father, Husband
Mother, other men
Brothers, other women
Sisters, Yourself
School teachers, God

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Assignment Two

Stage No.2 - Repentance

- Become totally relaxed. Write across the top of a sheet of paper, *“I (your name) have hurt the following people during my life.”*
- Divide the rest of the sheet into two columns and then list all the persons, living or dead, you have ever hurt, and briefly the nature of the hurt alongside each name. Keep adding names, using more sheets of paper in necessary until your conscience is totally clear.
- Then, below your list of names, write,
“I, (write your name) am deeply sorry and repent of all the hurt I have caused these persons. From now on, I will be especially kind to these persons inasmuch as I am able, and I will follow my conscience in the way I act towards everybody.”
- Finally, in the days ahead, do all in your power to make amends to these people for these hurts.
- For those whom you cannot make amends, ask God to bless them.

Assignment Three

Stage No.3 - Re-programming your sub-conscious mind

- Start a Goal List of five positive emotional goals.
- Restate your weaknesses as specific, positive goals you want to achieve.
- Read them every morning and evening.
- As you do so, picture yourself having achieved and enjoying the goal.
- Also include an inspiring message on your list.
Examples: *‘I now enjoy jogging 2 km, four days a week.’*
‘I feel fit and energetic, and weigh 60 kg.’
‘Every day in every way, I am getting better and better and better.’
- Review your goal list once a week, rewording, and replacing them as desired.

SECRET NUMBER SIX

**Your God-given role is that of mother and homemaker.
Enjoy it.**

- ❖ Motherhood is the most noble and important work on earth. Enjoy the wonderful satisfaction of raising happy, secure children.
- ❖ Men respect motherhood.
- ❖ Allow time to enjoy your homemaking.
- ❖ Homemaking is a woman's life-long career.
- ❖ Do it well.
- ❖ Cultivate woman friends.
- ❖ Visit together.
- ❖ Do things together.
- ❖ Confide in each other.
- ❖ Develop your talents.
- ❖ Plan your days in advance by using a desk top calendar planning diary.

ASSIGNMENTS - SECRET NUMBER SIX

Assignment One

- Obtain a desk-top calendar planning diary with a page for each day (or a similar planning aid) and plan out your next two weeks.
- You might include:
 - Homemaking duties
 - Hobbies
 - Skills development
 - Spiritual development
 - Exercise
 - Children's development
 - School activities and holidays
 - Music
 - Ideas
 - Shopping

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- Get-togethers with your friends
- Family outings
- Holidays
- Husband-wife dates
- Meetings
- Time or outings without the children
- Books to obtain and read
- Library visits
- Birthdays and anniversaries

Assignment Two

- If you go out to work, list all the advantages of giving up.
- Ask your husband to read the list and tell you honestly how he feels.

SECRET NUMBER SEVEN

Make the most of your hair, your figure and your health.

- ❖ Your appearance is important to a man.
- ❖ Most men find longer, femininely styled hair highly appealing.
- ❖ Maintain your ideal weight by regular exercise and sound nutrition.
- ❖ A lovely smile is a priceless asset to a woman.
- ❖ Have your teeth looking their nicest.

ASSIGNMENTS - SECRET NUMBER SEVEN

Assignment One

- Ask your husband to tell you truthfully, what hair length and hairstyles he thinks you look nicest in, and wear your hair that way for him.

Assignment Two

- Start an enjoyable exercise program that you can continue throughout your life.

Assignment Three

- Obtain some good books on nutrition.
- Study them carefully, and work out a balanced diet for yourself, and also your family if they will accept it.

SECRET NUMBER EIGHT

Femininity delights a man, and depending on him arouses his love.

- ❖ To be feminine and attractive to men, do and wear the opposite to what they do.
- ❖ Appear to be helpless in masculine matters.
- ❖ Child-like charm in a woman of any age is delightful to a man.
- ❖ Speak cheerfully, with a melodious lilt in your voice

ASSIGNMENTS - SECRET NUMBER EIGHT

Assignment One

- Say to your husband in your own words, “Darling I want to become more feminine for you.
- Please tell me the truth. What do you find the most unfeminine thing about me?”
- When he has told you, phrase the solution positively then add it to your Goal List. Repeat this assignment as a New Year’s resolution each year.

Assignment Two

- For two whole days this week, think before speaking, and phrase every sentence that you say to your husband in a positive, loving way.
- And say it with a melodious voice and a smile.
- Observe the difference in his reaction.

Assignment Three

- Sing in the hearing of your husband at least once this week.

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Assignment Four

- Ask your husband to honestly analyze your entire wardrobe, including footwear, nightwear and swimwear, and rate everything feminine, or unfeminine. Then discard, or plan to discard anything he finds unfeminine.

Assignment Five

- Have your husband choose what he considers to be an ultra-feminine dress from a pattern book, and make the dress yourself.
- Get assistance from another woman if necessary.
- Add some additional feminine touches that your husband likes, to the dress, to make it unique to you.

Assignment Six

- Have your husband take back at least one masculine task that you have been doing.
- You might say. "I don't feel very feminine doing this."

SECRET NUMBER NINE

To obtain your wants from your husband, just ask with a smile, as a young girl asks her father.

- ❖ Just ask submissively, with a smile and a please.
- ❖ Your husband will love you more if you allow him to spoil you a little.
- ❖ Show feminine appreciation in an exuberant, childlike way.

ASSIGNMENT

- Think of something you really want and deserve, and ask your husband for it in a simple, direct, childlike manner.
- When he has agreed to it, show your appreciation in a lively, feminine manner.

SECRET NUMBER TEN

Handle anger in a feminine and childlike manner

- ❖ Men respect a spirited woman. Release your anger as soon as it arises, in a childlike manner.
- ❖ Show anger against your husband only when you have been clearly mistreated.
- ❖ Express it in a feminine, childlike way that allows him to feel manly and protective.

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FASCINATING WOMANHOOD EVALUATION CHART

Courageous women may wish to monitor their progress by asking their husbands to honestly evaluate them each year, using this chart, or one of your own devising.

Just have them rate you A, B, C or D on the dotted line alongside each quality.

Remember however that most men are reluctant to criticize a woman; nevertheless a problem identified is half solved.

Scoring:

- A: Excellent
- B: Good
- C: Average
- D: Poor

Personality

- Cheerfulness
- Goodness
- Truthfulness
- Forgiveness
- Patience
- Charity
- Tact
- Trustworthiness
- Friendliness
- Charm
- Inner serenity
- Femininity
- Self discipline
- Control of temper
- Control of addictions
- Personal cleanliness
- Readiness to smile
- Pleasantness of voice
- Pleasantness of conversation
- General knowledge
- Overall personality

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Appearance

Hair
Figure
Wardrobe
Overall

Homemaking

Motherhood
Thrift
Home organisation
Punctuality
Home cleanliness
Home tidiness
Ironing
Cooking
Overall

Marriage relationship

Acceptance of husbands weaknesses
Appreciation of his strengths
Respect of his authority
Confidence in his abilities
Ability to comfort him
Willingness to praise him
Willingness to please him
Ability to discern his needs
Sex
Overall

Mark with a tick one of the above qualities you would most like your wife to work on improving.

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